

# Stevens Creek Striders

TAC # 127

Since 1982

President's Letter

February 1995

By the time you get this newsletter, Napa Marathon will either be just around the corner or another one for the records. The Striders will be out in force again this year. At least ten of us plan to be there. Best of luck to everyone and let's all get a qualifying time for Boston 1996, the 100th year anniversary.

Don't throw this newsletter away. There's a nomination ballot for the SCS Board inside. Elections are coming up soon with a new board taking over in June. If you know someone who would like to be on the board or if you would like to serve, please send in the ballot.

In this newsletter, too, is the latest SCS roster, another good reason to hang on to this issue. In addition, the Striders are now advertised in the Schedule, so we hope to be seeing more new faces throughout the year.

And speaking of new faces, your Board has come up with another idea for bringing in new members. The first Saturday of each quarter has been designated as "Bring a Friend" day. The idea is to introduce people to the Stevens Creek Striders. Each paid-up Strider who brings a friend on these designated Saturdays will be entered into a pool (hopefully a warm pool). From this pool, a lucky Strider will be chosen at random to receive a \$10 Hobees gift certificate. (Hey, I could almost pay for my Saturday breakfast with that!) So, plan ahead to bring a friend. The dates are April 1 (no fooling), July 1, and October 7.

In addition, the paid-up Strider who encourages the most people to become a member will receive one free ticket to the annual holiday party. What a deal!

Seeyabye,

Rich



Cupertino, CA

## Club Events

Napa Marathon	March 5
Rich's Equinox Handicap Run 9 a.m. Baylands	March 19
Wildflower Triathlon Contact Gregg Ferry via AOL to coordinate rides, etc.	May 6-7
Harry & Nancy's 2nd Annual Crystal Springs Breakfast Run	TBA
Striders BBQ - Huddart Park Details to follow	May 21

### *A Runner is Born. . . .*

CONGRATULATIONS to  
to Skup on the birth of daughter, Monica  
Louise Smith, born on  
Nov. 1, 1994, @ 9 lbs. 1 oz.

### **IT'S THAT TIME AGAIN!** Nominations and/or Volunteers

are being accepted for next year's Stevens Creek Striders Board. It's a great way to have fun, meet other club members, organize club events and influence club decisions. Write your nominations below and give them to a board member or mail them to: Stevens Creek Striders, c/o Rich Poliak, 643 La Maison Drive, San Jose, CA 95128

Nomination: \_\_\_\_\_

Nomination: \_\_\_\_\_

# CHRISTMAS RELAYS 1994

by JANINE HERNANDEZ

Team#1 - MM1 (Masters Men): Place Over All - 110 Total Time - 2:02:13

Marv Kausch - Time 30:16

Mike Shields - Time 33:00

Steve Forman - Time 31:20

Charles Roberts - Time 27:30

Team #2 - Jingle Bells (Women's Open): Place Over All - 215 Total Time - 2:51:46

Hensl Lise - Time 43:??

Nancy Brown - Time 44:43

Janine Hernandez - Time 43:20

Ellen Wrona - Time 39:00

Team#3 - Rubber Legs (Masters Men): Place Over All - 166 Total Time - 2:15:53

Michael Florence - Time 30:06

Jim Wrona - Time 34:30

Harry Cook - Time 39:00

Tom Kaisersatt - Time 30:06

The Christmas Relays this year, were probably the warmest in history. It was the first time in my memory, that people weren't freezing while waiting to run their leg of the race. The sun was shining, a little too brightly in fact for me but, it was a beautiful day!

We had three teams, which was a very good showing considering it was the morning after the Strider's Christmas Party. We had two Masters Men's Teams and one Women's Open Team. Our first Men's team, MM1 was very serious, with an over all time of 2:02:13 (just missing the Women's 50+ record by a few seconds), they came in 110th over all, out of over 220 teams. Next was our Rubber Legs Men who, with a time of 2:15:53, came in a very respectable 166th over all. Last of our teams but, certainly not last over all, was our Women's Team the Jingle Bells who, with bells on our shoes, finished with a time of 2:51:46 and in a position envied by at least 5 other teams, 215th place.

Thanks to all of our runners. I hope we can duplicate the fun and the weather next year.

## Race Results

<u>Race</u>	<u>Name</u>	<u>Distance</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>	<u>Comments</u>
Cal Int'l	Ron Weston		3:17		12/4/94	
	Rich Poliak		3:21			
Honolulu	Jerry Hill	Marathon	4:36	Hawaii	12/11/94	
Willy's Road Race	Jim Bordoni	1 Mile	5:06	Los Altos	1/14/95	
	Michael Florence	5 Miles	34:37			
	Peggy Alfred		36:00			
	Ed Mahler		39:??			
S.F. 1/2 Marathon	Dick Wedge		1:53:30	San Francisco	1/29/95	
	Carol Borders		2:16:05			
	Robin Weber		1:44:05			
	Martha Landis		SDF			
	Tom Kaisersatt		1:32:52			
	Rob Greenlee		1:34:20			
	Noel Reylea		?			
	Jim Leney		1:19:53			
	Charles Roberts		1:19:??			
	Keith Corbin		1:24:40			
	Rich Poliak		1:33:30			
	Pat Koren		1:38:58			
						3rd in age group
Pacific Coast Challenge Marathon	Tom Kaisersatt		3:57:00	San Francisco	2/4	3rd overall
	Noel Relyea		4:26:00			
Valentine's Day	Tom Kaisersatt	10K	42:25	Campbell	2/11	3rd in age group
	Pat Koren		43:58			
						4th woman overall/3rd in age group

# The CALIFORNIA SCHEDULE



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80 Mitchell Blvd., San Rafael CA 94903-2038

December 19, 1994

JIM BORDONI  
STEVENS CREEK STRIDERS  
478 SEQUOIA WAY  
LOS ALTOS 94 024 -

You know that for more than 12 years *The SCHEDULE* magazine, "the bible" for California runners and racers, has been available free of charge at running specialty stores and health clubs. As of January 1995, *The SCHEDULE* will make some changes.

Beginning with the January issue, *The SCHEDULE* will reestablish itself as California's primary resource for runners and will be available to paid subscribers and through retail sales only.

In addition, *The SCHEDULE* will now cover more running and racing news than ever including:

- Marathon training for all abilities by Olympian Mark Conover
- Monthly Shoe Reviews from running shoe expert J.D. Denton
- Sports Medicine by Ironman/Western States/SF Marathon orthopaedic surgeon Steven Isono, M.D.
- RRCA News by State Rep. Laura Kulsik
- USAT&F insider information and racing news from Mark Winitz
- Expanded race results and reviews
- And, most importantly, the most complete, up-to-date calendar of California running events to be found anywhere.

We know the STEVENS CREEK STRIDERS has many active runners of all abilities. No matter what their goals, *The SCHEDULE* should be a valuable part of their training, and the only way to plan for races.

We're happy to offer all STEVENS CREEK STRIDERS members a special 2-For-1 Subscription: that's 2 years for just \$15 -- the price of a 1 year subscription. We hope that your members will take advantage of this limited time offer.

Thanks for your continued readership.

Dave Stringer  
Editor

P.S. Please use the enclosed camera-ready artwork in the next issue of your club newsletter. The 2 for 1 offer expires March 1, 1995.

## 2 FOR 1 STEVENS CREEK STRIDERS SPECIAL

YES, please send me **2 years** (that's **24 issues**) for the price of a 1 year subscription!

~~1 year for \$15~~  
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# The SCHEDULE

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<b>Internet Address</b>	<b>STVCRKSTRD@AOL.COM.</b>	

The Stevens Creek Striders Board of Directors typically meets every second Tuesday of the month.

Next meeting: March 13, 1995

**CLUB MEETINGS**

The runners meet every Saturday at 8:30 a.m. at Kennedy Junior High School, on Bubb and Hyannisport in Cupertino. Members meet to run, walk, bike and socialize. After each Saturday run, members meet at Hobees Restaurant in the Cupertino Oaks Plaza.

<p>Stevens Creek Striders P. O. Box 1176 Cupertino, CA 95015-1176</p>
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Carol Borders 6/95  
2425 Alvarado Drive  
Santa Clara, CA 95051